



INSTITUCIÓN EDUCATIVA TÉCNICA JUAN V. PADILLA
 Aprobada por la Resolución No. 00014 de 17 Mayo de 2007
 Para el nivel Preescolar, Básica Primaria, Básica Secundaria y Educación Media Técnica
 Código DANE 108372000011. Nit: 890105167-2
 Juan de Acosta Atlántico
 "La Educación es el arma más poderosa que puedes usar para cambiar el mundo"
 Nelson Mandela

TALLER EVALUATIVO Y COMPLEMENTARIO

Nº 2

PERIODO : 1

GRADO : 7º

AREA : IDIOMA EXTRANJERO

DOCENTE : Xiomara Illueca

FECHA : DEL 27 MARZO - 20 ABRIL

AÑO : 2020

• EJE TEMÁTICO :

- Present Simple
- Future Be + going to
- can - can't

• LOGRO :

Describe actividades sobre rutinas, habilidades y planes futuros.

• CONTENIDO

① BE + GOING TO

💡 Recuerda: future: Be + going to, describe acciones y planes futuros a corto plazo.

Algunas expresiones de tiempo utilizadas son:

- next → proximo(a)
- this = este (morning - afternoon)
- tonight - esta noche
- at night = por la noche
- tomorrow = mañana.



EXERCISES : Escoge la respuesta correcta de acuerdo con el enunciado:

1. It's hot ... I'm going to :

- a. Take a lot of warm clothes. ()
- b. Open the window. ()
- c. Travel to Bogotá. ()

2. Dina really misses to her parents... she's

- a. Travel next month. going to ()
- b. Visit a place called "Nequanje". ()
- c. Send them a postcard about 5 years. ()

3. Do you have any plans for Friday night?
we are going to :

- a. Use jeans and t-shirts. ()
- b. Eat fish and salad. ()
- c. See a movies. ()

4. Tony's very excited because ...
he's going to :

- a. Have his first driving lesson tomorrow. ()
- b. Clean his room today. ()
- c. Meet new friends this year. ()

5. My sister's nervous because, she's
going to :

- a. Take an important test tomorrow. ()
- b. Start piano lessons next week. ()
- c. See an horror movies. ()

6. The Covid-19 has claimed
many lives, for that; we're
going to :

- a. Wash our hands. ()
- b. Keep calm. ()
- c. Follow recommendations. ()

7. Peter's tired, he works
too much, he's going to :

- a. Change of work. ()
- b. Go out with friends. ()
- c. Search on the classified pages. ()

8. My brother is studying
in France ... I'm going to :

- a. Ask him resolve my Math exercises. ()
- b. Send him a picture. ()
- c. Visit him Later ()

9. My father asks me help
with chores ... I'm going to :

- a. Water the plants now. ()
- b. Play videogames. ()
- c. Play soccer. ()

10. My brother's going to work in San Diego
next week... we're going to :

- a. Move to a new neighborhood ()
- b. Study medicine ()
- c. Listen to music. tonight. ()

Well done 😊!!



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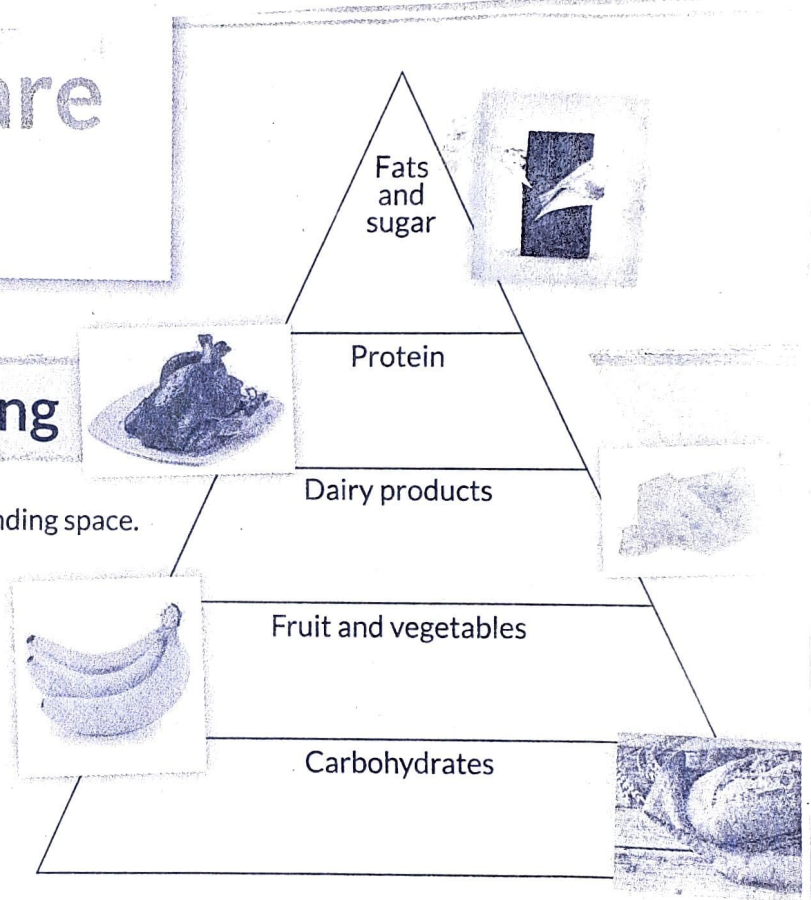
2.

I Can Take Care of My Body

Lesson 1 » Healthy Eating

1. Write the food from the box in the corresponding space.

apples bananas beans bread
broccoli carrots cheese chicken
eggs fish meat milk oil onions
oranges pasta potatoes rice
spinach sweets yogurt



2. Read the text and answer the questions.

The food pyramid is a good guide to eating a healthy diet. Carbohydrates are especially good for children and athletes because they can give a lot of energy and fibre. Fruit and vegetables are really good for everyone. They can keep you healthy because they are rich in fibre, vitamins and minerals that prevent many illnesses. Fibre is necessary for good digestion. Dairy products can help you to have strong bones and teeth because they are rich in calcium. Proteins can help your muscles and brain. They are rich in iron. Iron is good for your blood and brain. Fats and sugar are not very beneficial. Some oils like olive oil is good, but too much fat and fried food is unhealthy. The same with sweets: you can only eat a few!



- VOCABULARY : Foods and drinks
- Make a healthy Menu to everyday.

Meals	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	• Cereal	• mix • scrambled eggs • Orange Juice	• Tutti fruty	• Roasted arepa • Coffe and milk.			
Snacky							
Lunch							
Snacky							
Dinner							



3.



Read »

Read a report about how teenagers spend their free time in the countryside and in the city. Answer the questions.

1. How do city teenagers spend their free time?
Chatting with friends, watching TV, playing video games indoors.
2. What are the problems related to sitting down for long periods?
3. How do teenagers in the countryside spend their free time?

How do our teenagers spend their free time?

by Consuelo Mejía

The Colombian Government is very concerned about how urban teenagers are spending their free time. Research shows that in cities many teenagers spend their time indoors, chatting on social media, watching TV or playing video games. These teenagers can have poor posture and they can also be depressed, because they don't spend enough time being active in the fresh air.

In contrast, most teenagers in the countryside spend their free time doing physical activities and playing outdoor games. They also help their parents; they do chores, feed the animals, and milk the cows. Because these teenagers have an active life-style, they are also fitter and don't have so many health problems.

✓ Después de leer el texto responde de acuerdo al contexto:

• what does the text refer to...

1. Urban teenagers spend their time indoors ...

a. Stay at home for a long time. ()

b. Exercise. ()

c. go out with friends. ()

2. Teenagers in the countryside spend their time outdoors ...

a. Like hang out with friends. ()

b. Spend their time in the street. ()

c. They have an active life-style. ()



3. Poor posture means ...
- a. Sitting down for long periods. ()
 - b. Feel very good. ()
 - c. Be happy playing video games. ()
4. Be fitter means ...
- a. Exercise and eat healthly. ()
 - b. Eat junk foods. ()
 - c. Have many health problems. ()
5. Be depressed refers to ...
- a. Don't have many friends. ()
 - b. Doing physical activities. ()
 - c. Have serious health problems. ()



④ MODAL VERB : CAN - CAN'T

- Poder
- Saber (habilidad)



→ El verbo modal can - can't es usado para expresar habilidad (saber hacer algo), permiso (dar o pedir) posibilidad.

EXERCISES:  Write the use of CAN: Ability - Permission - Possibility:

- a. Can you drive a truck ?
- b. Can I go to the bath?
- c. They can win the game.
- d. I can swim.
- e. He can travel on holiday.
- f. They can go to the party.
- g. Can you borrow me your pen?
- h. Teacher, can we go out ?
- i. He can speak Russian
- j. She can pass the exams.



I
you
they
he
she
it
we

can
can't

+ Infinitive
Verb

can

I
you
they
we
she
he
it